# **HLTAID011** Provide first aid



### Aim

This training will provide participants with the skills and knowledge to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

## **Recommended For**

All person who may be required to provide a first aid response, in a range of situations, including community and workplace settings.

## Prerequisites

There are no prerequisites for this unit.

## **Relationship to Training Package**

This training aligns to the unit HLTAID011 Provide first aid from the HLT Health Training Package.

## Details

Code:	HLTAID011
Duration:	1 day
Max No:	8 participants
Fee:	Contact ESS.
Payment:	Client will be invoiced as per Energy Skills Solutions invoicing process. Payment as per Energy Skills Solutions terms of payment.
Dress:	<ul> <li>Minimum personal protective equipment for the training course includes:</li> <li>No minimum personal protective clothing required. Comfortable casual clothing.</li> </ul>

## Objectives

On successful completion of this training, participants will be able to:

- Respond to an emergency situation
- Recognise and assess an emergency situation
- Respond to a first aid incident
- Identify the casualty's illness or injury
- Provide appropriate first aid treatment
- Perform CPR procedures
- Understand Signs, symptoms and management of basic conditions and injuries
- Communicate details of the incident
- Contribute to a review of the first aid response as required.

#### Content

- Regulatory, industry and organisational requirements
- Relevant ARC guidelines.
- Signs, symptoms and management of basic conditions and injuries
- Personal protective equipment (PPE)
- Considerations for providing CPR.
- Using an AED.
- Techniques for providing CPR to adults, children, and infants.

## Delivery

Training is conducted face-to-face in a training room environment.

Learning activities are included in the training to ensure knowledge and skills can be safely applied to workplace situations.

The importance of safety is emphasised throughout the training.

## Assessment

A knowledge and practical assessment is included in the training.

For more information on our services and products, contact:

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